

RELIGIOUS SERVICES

FRIDAY, AUGUST 2, 7:30 p.m.

Shabbat Service

Music: Bob Pollack and Marilyn Zelcer

SATURDAY, AUGUST 3

9:30 a.m. Torah Study 10:30 a.m. Shabbat Service Torah Portion – *Matot/Mas'ei*, Numbers 30:2-36:13

FRIDAY, AUGUST 9, 7:30 p.m. CAMP REUNION SHABBAT

Family Shabbat Service Music: David Snyder

SATURDAY, AUGUST 10

9:30 a.m. Torah Study 10:30 a.m. Shabbat Service Torah Portion – *D'varim*, Deuteronomy 1:1-3:22

FRIDAY, AUGUST 16, 7:30 p.m.

Shabbat Service Music: Leslie Gubitz

Oneg Shabbat hosted by the Clark Family in honor of Isabelle and Rebecca Clark becoming *B'not Mitzvah*

SATURDAY, AUGUST 17

9:30 a.m. Torah Study
10:30 a.m. Shabbat Service
Isabelle and Rebecca Clark, daughters of David and
Shannon Clark and granddaughters of Bill and Rita Clark
will become *B'not Mitzvah*Music: Leslie Gubitz

Torah Portion - Va-et'chanan, Deuteronomy 3:23-7:11



FRIDAY, AUGUST 23, 7:30 p.m. PROSPECTIVE MEMBER OPEN HOUSE

Shabbat Service

Music: Friday Night Live

Oneg Shabbat hosted by Jon and Susan Hoffheimer in

honor of the Board of Trustees

SATURDAY, AUGUST 24

9:30 a.m. Torah Study 10:00 a.m. Tot Shabbat 10:30 a.m. Shabbat Service Music: Charlene Gubitz

Torah Portion – Eikev, Deuteronomy 7:12-11:25

FRIDAY, AUGUST 30, 7:30 p.m.

Music: Bob Pollack and Marilyn Zelcer

SATURDAY, AUGUST 31

9:30 a.m. Torah Study 10:30 a.m. Shabbat Service Torah Portion – R'eih, Deuteronomy 11:26-16:17



FRIDAY, AUGUST 23 • 7:00 p.m.

Bring a prospective member, show them our beautiful building, and attend services on August 23. The open house will begin at 7:00 p.m., followed by a service featuring the Friday Night Live Band at 7:30 p.m.

The Friday Night Live Band welcomes back Charlene Gubitz, who along with our regulars, will help us worship with a ruach (spirit) that is both inspiring and contagious.

Help us sign up some new Temple members and celebrate Shabbat together on August 23.



FROM THE RABBI... Sandford R. Kopnick

A Year Later....

Our tradition teaches us that when we lose a parent or other very close relative, we are to mourn for a bit less than a year. Many families mark the end of official mourning with an "unveiling" ceremony—a return to the gravesite of our loved one to dedicate a gravestone. Unveilings are not as important as the year of mourning. This summer I completed the year of mourning for my mother and my father—who died just a month apart. As usual, our tradition proved its brilliance to me again.

My mother Fern (of blessed memory) died after a few years of significant decline. My father Jack (of blessed memory) died more suddenly—although it was clear he had something affecting his health in the weeks before he died. Some would think that saying *Kaddish* for both parents at once was somehow helpful—"a two-for" as it were. Not so.

It is true that many people have told me over the years that when a loved one has been sick and in decline, their death comes as a blessing. They report that they have been mourning their loss since long before the death—especially when the illness had changed communication or memory. Yet, when the finality of death comes, sometimes there is more mourning and a sense of "moving forward" that only comes when roles change from "caregiver" or "devoted family member" to officially becoming a mourner.

My father's death made the focus of mourning more about him than my mother—because there had been little indication that we would soon need to get used to life without him. And while his death was exactly as he would have wanted it—sudden, without pain, and after all of his responsibilities were covered and completed—I found myself taking my time as a mourner to focus on him, rather than on both.

Lest anyone think that this column is only for my own therapy, allow me to explain a bit more. I chose to say *Kaddish* each week for the year. I looked to have others say my parents' names on the memorial list during that year—and to embrace my role as a mourner. I asked our rabbinic student interns and fellows to help me by leading parts of memorial services so that I could mourn. I know that all relationships are different, and that we will each mourn in our individual ways. But there are a few lessons I learned.

It is important to take the time to mourn. It is important to schedule our time so that we are forced to say *Kaddish* in a community weekly during that first year—as often as we can. Being forced to remember the relationship, to work through how it feels to be without our loved one, and to find the right place in our psyche for the standards and expectations that we must now remember of our loved one are all very helpful. Moreover, knowing that mourning moments can sneak up on us, it is helpful to have an outlet for processing such moments at services.

During the past year, I visited with some families with recent bereavements. Their kinship as fellow mourners provided some comfort as I tried to offer them the same. Seeing those folks at services helped me feel community, as I have long hoped we could create on Shabbat for each other.

Truth is, I found this year of mourning so meaningful, that I would have been even more comforted by having a year for each parent separately, rather than together. I do not resent my father one second for dying when he did. Rather, I am grateful for the care he gave my mom, and the way he led our family. There is comfort knowing that he died as he had hoped. I am also grateful for the love and laughter I shared with my mom. The mourning process teaches us how to emerge back into the world of the living. Taking the time for each departed loved one helps that—and honors their memories, too.

My gratitude to our rabbinic students, my colleagues, our Temple staff, and our members for giving me the time and the space I needed to emerge from my year of mourning having been enriched by our tradition and the community which embraces it. My prayer is that you will, when you need, find similar comfort from our community and our tradition.

Sandford R. Kopnick, Rabbi

PICNIC FOR FAMILIES WITH PRESCHOOL & YOUNGER CHILDREN



Babies and toddlers joined Rabbi and Nancy Kopnick this summer for a picnic at the Kopnick's. Unfortunately, it was too hot to be outside, so a pretend picnic was created in the basement!



Religious School Registration

materials were sent in your email.

If you would prefer to receive paper copies, please contact

Rabbi Judy Spicehandler in the office, 761-3555.

I am pleased to be back in the school office, planning for the fall. As most of you know, I will be serving as Interim Educational Director in the coming school year. Summer at the religious school is always a bit strange. The halls are empty and the classrooms deconstructed. I miss seeing the students in the building, yet their absence gives us time to reflect on what we have accomplished and to plan for the coming year. And that year is coming up sooner than we think. The first day of Religious School this year is September 8 (*Gan Emek* begins the following Sunday on September 15.). Registration forms have already been sent out via email. (Please let me know if you did not receive one).

The summer is a good time to review our school mission statement, and to make sure that we are on track. Our official mission statement reads as follows: The Valley Temple Religious School's mission is to develop in each child a positive Jewish identity through the joy of learning together, inspiring all of them to weave Jewish ideals into the rest of their lives. It may sound simple, but, as most good mission statements do, it contains a lot to think about. It reflects an understanding of Judaism as an important aspect of each child's developing sense of self, as well as a system of ideals which can enhance each student's day to day living. It commits us to building a school in which the culture allows our students to learn and grow in a joyful community.

Our students are only here a few times a week, but the experiences they have here can have a lasting impact on the rest of their lives. Creating an environment that fosters this kind of personal spiritual growth and inspires the practical application of Jewish ideals over the course of a lifetime is no small task. I appreciate the trust that the Valley Temple community has demonstrated, by asking me to lead the school this year. It is, of course, a privilege to be able to be Rabbi Kopnick's partner in this enterprise. I also appreciate the excellent team of teachers that we have assembled to guide our students in forwarding this holy agenda.

In short, I expect this to be a year of inspiration and growth for us all, students and faculty alike. I can't wait to get started!

Rabbi Judy Spicehandler

IS YOUR CHILD READY FOR RELIGIOUS SCHOOL?



Attention 3, 4 & 5 year olds. . . You are old enough to join us on Sunday mornings in our PreK class!

Contact Rabbi Judy Spicehandler (educator@valleytemple.com) to find out more about our wonderful PreK and Kindergarten programs in Religious School:

- holidays songs art movementstories building cooking
 - making friends Jewish values

GAN EMEK PROGRAM FOR BABIES/TODDLERS

WITH PARENTS OR GRANDPARENTS





For children under age 3 and parent/grandparent to introduce them to the magic of Judaism on Sunday mornings at Valley Temple

10 a.m. - 11 a.m.

Beginning in the Fall Cost is \$110 for entire school year

(This program is subsidized by a grant from the Jewish Foundation)
Contact Rabbi Judy Spicehandler, Interim Director of Education:
educator@valleytemple.com or call 513-761-3555.

High Holy Day Schedule

Erev Rosh Hashanah

Sunday, September 29, 2019 Musical Experience at 6:00 p.m. *Mishkan HaNefesh* at 8:00 p.m.

Rosh Hashanah Morning

Monday, September 30, 2019 Family Service at 9:00 a.m. Tot Service at 10:15 a.m. Mishkan HaNefesh at 10:45 a.m.

Cemetery Service

Sunday, October 6, 2019
Jewish Cemetery of Greater Cincinnati
Montgomery – 10:00 a.m.
Walnut Hills – 11:00 a.m.
Shachnez in Price Hill – 12:15 p.m.

MEMORIAL BOOK



There is still time to send in your info for the Memorial Book to be distributed during the Yom Kippur Memorial Service.

If you have questions, call the Temple office, 761-3555.



Erev Yom Kippur

Tuesday, October 8, 2019, 8:00 p.m.

Yom Kippur Day

Wednesday, October 9, 2019
Family Service at 9:00 a.m.
Tot Service at 10:15 a.m.

Mishkan HaNefesh at 10:45 a.m.
Afternoon Service at 2:45 p.m.

Yizkor/Concluding at 4:15 p.m

Selichot

Adult Education and Service to welcome the High Holy Days Saturday, September 21, 2019

Adult Education - 8:00 p.m.

Grand Dessert Reception - 9:30 p.m.

Havdalah/Torah Cover Changing/Selichot - 10:00 p.m.

WATCH FOR MORE INFORMATION



Thanks to all the volunteers who made the Sisterhood Rummage Sale a big success!

SENIOR DISCUSSION AND LUNCH

August 21 11:30 a.m. to 1:00 p.m.

Bring your own lunch. You are welcome to ask others to join us.

2019/5779 GRADUATES



Rabbi Kopnick; Rabbi Emeritus Greenberg; and Laura Lobar, President, with Monya Brandt and Emma Heines



Please remember The Valley Temple with a gift in your will, trust, retirement or life insurance policy. Contact Sam Lobar, Create Your Jewish Legacy Chair or Wendy in the Temple office for more info. What will your legacy be?

SUMMER AT GOLDMAN UNION CAMP INSTITUTE



FIRST SESSION CAMPERS



SECOND SESSION CAMPERS

We are proud to report that this summer we had a record number of campers and staff who participated at Goldman Union Camp Institute—including our rabbi! Given the size of our congregation, a greater percentage of our kids participated than any other congregation in the region!

We are grateful to the Jewish Foundation of Cincinnati for helping with first and second year Jewish camp scholarships, and for matching our scholarships dollar for dollar for GUCI campers attending after their second year. Our Sisterhood and your donations provide a significant portion of the \$8,000/year we send in scholarship money to the camp.

We are also grateful to the Temple members who give to our scholarship fund every year. If you would like to help support this wonderful way of ensuring Jewish identitybuilding into the future, or if your child or grandchild has benefited from participating in a Jewish camp over the years, please consider a donation to our scholarship fund.

SUSTAINING THE GENERATIONS

We gratefully acknowledge the following contributions:

RABBI'S DISCRETIONARY FUND

In memory of Miriam Colish; from Lynn & Neil Kravitz
In appreciation of Valley Temple; from Owen Smith
In appreciation of Rabbi Kopnick; from Sandra & Thomas
Green

In appreciation of Rabbi Kopnick; from Jessica & Michael Deitsch

In appreciation of Rabbi Kopnick; from Lynn & Neil Kravitz
In memory of Curt Lovell; from Jeff & Linda Lazar
In appreciation of Rabbi Kopnick; from Les Swift
In appreciation of Rabbi Kopnick; from Martin Paul
In memory of Doris Moskowitz; from Sylvia & Bob Maltz
In memory of Freeman Maltz; from Sylvia & Bob Maltz
In appreciation of Rabbi Kopnick; from Amy Paul Cohen & Jerry Newfarmer

In appreciation of Rabbi Kopnick; from Helen & Ernie Waits In memory of Florence Mitman Rubin;

from Diane & Ken Mitman

In appreciation of Rabbi Kopnick; from Susana & Marcelo Niedermann

In memory of Billie Misrach Frankel; from Donna Levi In memory of Dolores Shifres; from Donna Levi In honor of Bar Mitzvah of Logan Fritsch; from Dianne and Kerry Rabe

In memory of Don Levi; from Donna Levi In memory of Mark Groene; from Donna Levi In appreciation of Rabbi Kopnick; from Lucy & Meg Reckseit and Family

CAMP SCHOLARSHIP FUND

In memory of Sadye Harris; from Selma & Irving Harris
In memory of the yahrzeit of Fern and Jack Kopnick
In memory of Alice K. Benjamin; from Lois Benjamin
In memory of Barbara Swift; from Alberta & Bob Schneider
In memory of Georgie B. Heizer; from Nancy & Roy Heizer
In memory of Gilbert Linver; from Michelle & David Steed
In memory of Otto Warmbier; from Linda, Jeff
& Jacob Lazar

In memory of Milt Bloom; *from George Trenkamp*In honor of the graduations of Gabe Herstig & Ethan Ross; *from Donna Goodman*

In memory of Barbara Swift; from Michael & Janelle Gelfand

In honor of birthday of Laura Lobar; *from Laura & Sam Lobar*

In honor of birthday of Robyn McCarrick;

from Laura & Sam Lobar

In honor of birth of Zoë Day; from Sarah & Ryan Mather In appreciation of Jake Lazar; from Les Swift In memory of Olga Marchevsky; from Nancy Neiman In honor of the wedding of Emily Erhle & Ari Faber; from John & Jean Amber

In honor Kathie & Ivan Tamarkin's new home; from John & Jean Amber

In memory of James Steed; from Michelle & David Steed

In memory of Olga Marchevsky; from Andrea & David Knarr In memory of Olga Marchevsky; from Cindi Miller In memory of Carl Gehr; from Rica & Stuart Hodesh In memory of Barbara Swift; from L.S. Freeburger

SEINSHEIMER MUSIC FUND

In memory of Mark Buff; from Mark Sass and Jan Rosenbaum Sass In memory of Robert L. Sass; from Mark Sass and Jan Rosenbaum Sass

ESTELLE WIGSER FLOWER FUND

A gift from Dianne & Kerry Rabe
In memory of Barbara Swift; from Les Swift

NOW GIVING IS EVEN EASIER
Go to ValleyTemple.com and click on "Giving"

MISHEIBERACH

We with a speedy recovery to

Eveyln Essig Bernice Blatt Sue Spohr Danny Stempler Sharon Kollasch Phyllis Bossin Nikki Sandor Jill Amann

SPONSORING AN ONEG SHABBAT

Help us continue our lovely tradition of providing delicious "goodies" at our Oneg Shabbats (the reception following services). These "onegs" are wonderful ways to celebrate the joy of the Sabbath, schmooze with members, meet new people and have a "nosh." Please help us maintain this tradition by calling Wendy at the Temple office for more information, or to say that you will sponsor an oneg. It can be in honor of a loved one, a special occasion, or just because!

Our thanks to the following families for sponsoring a recent oneg, a wonderful way to celebrate the joy of the Sabbath.

- Jenny Broh in memory of Bob Broh and Dolph Broh
- Ryan and Sarah Mather in honor of the naming of their daughter, Zoë Day
- Susana and Marcello Niedermann and family in memory of Olga Marchevsky
- Sandy Hatfield in honor of Aron Hatfield's 25th birthday and in memory of Jacob Hatfield
- Judge Heather Stein Russell and Randy Russell in memory of Dr. Morris Stein
- Sam Mantel and Susan and Mike Mantel in memory of Dorothy Mantel

AUGUST BIRTHDAYS

AUGUST ANNIVERSARIES

Phillip & Jaimie Levinson	08/02/2015
Larry & Mara Wolf	08/04/1985
Chrissy & Josh Knarr	08/05/2006
Michael & Karin O'Neill	08/06/2000
Aaron & Emma Bernay	08/08/2004
Bob & Jeannie Hiller	08/11/1979
Mark Raider & Miriam Raider-Roth	08/13/1989
Mark & Jan Rosenbaum Sass	08/17/1980
Tom & Bette Sherman	08/17/1969
John & Helen Habbert	08/18/1974
Donald & Nancy Dornheggen	08/18/1978
Ivan & Kathie Tamarkin	08/20/1977
Bob & Sylvia Maltz	08/24/1958
David & Andrea Knarr	08/24/1966
Laura & Steven Connock	08/29/1998
Katie & Lee Freedman	08/31/2014



MAZAL TOV



Judge Heather Stein Russell who recently received the following awards:

- Judge Julia Stautberg award for exemplary performance in a female counsellor
- UC College of Law's 2019 Distinguished Law Alumni (one of three who received this award)
- The Model of Justice Award from the Ohio Victim's Justice Center, in Columbus.

Shannon and David Clark and Rita and Bill Clark on their daughters and granddaughters, Isabelle and Rebecca becoming *B'not Mitzvah*

Neil and Lynn Kravitz on the marriage of their son Max to Felicia Renaldi

Amy Paul and Jerry Newfarmer (and Howard Paul of blessed memory) on the marriage of their son, Martin to Beverly Luedeketer

Laurel and Marvin Fischbaum on the marriage of their granddaughter Emily and Ari Ehre

Ryan and Sarah Mather on the birth of their daughter Zoë Day



THE HELEN AND MARTY LEVY VOLUNTEER AWARD

The Helen and Martin Levy Volunteer Award is given to a member who exemplifies the spirit of volunteerism and dedication to The Valley Temple that Helen and Marty Levy (of blessed memory) showed over the years. This year's recipient was Jenny Dapper.



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Sandford R. Kopnick, Rabbi Solomon T. Greenberg, Rabbi Emeritus Wendy Walsh, Temple Administrator Rabbi Judy Spicehandler, Interim Director of Education Laura Lobar, President Allison Schneider and Sandy Hatfield, Co-President, Women of Reform Judaism Dan Perlmutter, President, Men's Club

513-761-3555

WEBSITE: www.valleytemple.com E-MAIL: wendy@valleytemple.com or use links at valleytemple.com

CONGREGATIONAL PICNIC

Sunday, August 25th 11 a.m. – 3 p.m.

Sharon Woods Hummingbird Hill Shelter

11450 Lebanon Road No park pass needed



Join us! Sisterhood and Men's Club will provide the drinks and hot dogs. Please bring a side dish or dessert to share.

Bring a prospective member!