

## RELIGIOUS SERVICES

### SATURDAY, SEPTEMBER 1

9:30 a.m. – Torah Study  
10:30 a.m. – Shabbat Service  
Torah Portion – *Ki Tavo*, Deuteronomy 26:1–29:8

### SELICHOT

8:00 p.m. – Selichot Adult Education featuring Rabbi Jonathan Hecht, Ph.D., New Dean of HUC-JIR, Cincinnati  
9:30 p.m. – Grand Dessert Buffet  
10:00 p.m. – Selichot Services

### FRIDAY, SEPTEMBER 7, 7:30 p.m.

Shabbat Service  
Music: Marilyn Zelcer and Bob Pollack

### SATURDAY, SEPTEMBER 8

9:30 a.m. – Torah Study  
10:30 a.m. – Shabbat Service  
Torah Portion: *Nitzavim*, Deuteronomy 29:9–30:20

### SUNDAY, SEPTEMBER 9 – EREV ROSH HASHANAH

6:00 p.m. – Rosh Hashanah Musical Experience  
8:00 p.m. – *Mishkan HaNefesh* Service



### MONDAY, SEPTEMBER 10 – ROSH HASHANAH

9:00 a.m. Family Service  
10:15 a.m. Tot Service  
10:45 a.m. *Mishkan HaNefesh* Service  
Torah Portion: Genesis 22:1-19

### FRIDAY, SEPTEMBER 14, 7:30 p.m.

Family Shabbat Service  
Music: David Snyder

### SATURDAY, SEPTEMBER 15

9:30 a.m. – Torah Study  
10:30 a.m. – Shabbat Service  
Torah Portion: *Vayeilech*, Deuteronomy 31:1–30  
*Services continued on p. 3*

## Selichot

Saturday, September 1

### Planting Seeds and Seeing the Future

with Rabbi Jonathan Hecht, Ph.D.  
New Dean of Cincinnati Campus, HUC-JIR



Join us as we explore a classic Jewish story, with all the insights that help us understand how to plant reliable seeds for the future



#### Adult Education

8:00 p.m.

#### Grand Dessert Buffet

9:30 p.m.

#### Havdalah/Torah Cover Changing/ Selichot Service

10:00 p.m.

## Rosh Hashanah Reception



Please bring homemade desserts to the Temple M-F 9:30 a.m.-4:30 p.m. to be used for our Rosh Hashanah Reception following the service on Erev Rosh Hashanah, Sunday, September 9.

Volunteers are needed to help “plate” in the morning on Sunday, September 9. Please call Amanda at the Temple office or email her at [admin@valleytemple.com](mailto:admin@valleytemple.com) to say you will help.



SEE p.7 FOR  
RESERVATION  
FORM

## SUKKOT

### SUNDAY, SEPTEMBER 23

6:00 p.m. Sukkot Decorating and Dinner  
7:00 p.m. Sukkot Service and Campfire  
Music: David Snyder

### MONDAY, SEPTEMBER 24

9:00 a.m. Sukkot Festival Service

## Simchat Torah

### SUNDAY, SEPTEMBER 30

7:00 Simchat Torah Service  
Music: Charlene Gubitz





## FROM THE RABBI... Sandford R. Kopnick

# עבדו את יי בשמחה באו לפניו ברננה

In Psalm 100 we learn, “*Ivdu et Adonai b’simcha, bo-u l’fanav birnahnah*—Serve Adonai with joy, come before God’s presence with singing.” I love that our tradition begins weddings with this phrase, a command to be joyful! You and I know that life’s journey is filled with pitfalls and triumphs, tragedy and happiness. But we should remember that the command to find the joy in our service to God (and each other) is not just about the good times.

It is not a great practice to judge others by their tragedies and accomplishments, because we frequently don’t know about all that is their experience. Yet, what we can admire is their attitude. In my years both living my own life, and with an honored seat at many of your life-cycle events, it seems that all of us endure tragedy, sadness, and difficulty from time to time. Yet, when we remember that our tradition commands us to serve with “joy,” we have the opportunity to mold our attitudes toward all that life sends our way.

Joy is not the “default emotion” for some people. You may remember the character from Winnie the Pooh called “Eeyore,” the character called “Glum” from Guilliver’s travels (It’ll never work, we’ll never make it!), or even the cartoon character “Ziggy” who frequently had a cloud over him. These pessimistic, sad-sacks always found the negative and didn’t look for the positives. Others, however, can find positive even where some happy folks cannot.

A kid once said to me that he would believe in God as long as nothing bad ever happened to him. Years later, he had a terrible tragedy befall him, and he was true to his word. He decided that God must not exist, otherwise the bad times would not have happened.

As we approach the High Holy Days, we are expected to reflect on our lives—complete with our good deeds and our missteps. And while some may approach this self-examination with guilt or negativity, it is not the healthiest way.

It is my hope that we will gather with a zeal for participating in our season of introspection with joy. While we come before God in earnest reflection and atonement, we can approach the task with joy even if the activity is somber. Joyful fulfillment of serious commandments creates the opportunity for meaning that transcends the obligation of a commandment. It allows for our attitude to be more than just “going through the motions,” in order to include intention and growth.

Attitude isn’t everything, but it is important. Some people are magnets for bad times, and it is not clear why. But those who endure more than their share can get through many difficult moments seeking the joy in life, even when times are difficult.

So when we gather for services—and I hope you will join us as often as you can, consider the disposition you bring to the task of reflection and repentance. Searching with joy does not mean looking only at what we’ve accomplished, but it also promotes an attitude that seeks good outcomes to difficult moments. And it all starts with trying to “serve God with joy.”

*L’shanah Tovah!*

Sandford R. Kopnick  
Rabbi



CREATE YOUR JEWISH  
**LEGACY**

Please remember The Valley Temple with a gift in your will, trust, retirement or life insurance policy. Contact Wendy in the Temple office for more info. What will your legacy be?

## TORAH STUDY Every Week – All Year

Saturdays, 9:30 a.m.

Followed by  
Shabbat Service  
at 10:30 a.m.

No experience necessary.



# DIRECTOR OF EDUCATION'S MESSAGE

## Robyn Friend



### HELPING CHILDREN FIND MEANING IN THE HIGH HOLIDAYS

The religious school is off to a wonderful start. It's a great new year! It's only fitting that the start of our new year coincides with Rosh Hashanah, the Jewish New Year. This is a time for introspection and personal growth. It's a time where Jews pause our busy lives to reflect on the past year, our missteps and our successes, and all the good we hope to do in the year ahead. The high holidays are a time when we ask forgiveness from all those we've wronged and plan to do better in the future. As a parent, it's a time when I pray for my family's health, happiness and safety.

Growing up, however, I didn't feel a huge connection to the high holidays. It wasn't for a lack of education. My mother was a Hebrew School Teacher, and our family was very active in our synagogue. I knew of the importance, but simply never established a personal connection. As an adult, and now a mother, I strive to not only educate my children on the significance of these holy days, but also to help them find meaning in it for themselves.

On the Day of Atonement healthy adults fast as a way to reflect and repent. Children don't fast, but they can find other ways to observe Yom Kippur in a personal, age-appropriate way. Giving up sweets is something I'd love to assign my child, but if it's not something he thinks of on his own the significance will be lost in resentment. Brainstorming ideas with them can be a fun family activity or a conversation over Rosh Hashanah dinner. Maybe it's not even something they give up, but rather write a general note of apology for things they've done wrong, or list ways to improve in the future.

There are wonderful books that explain Rosh Hashanah to children, and a lot of them come from PJ Library. If you don't receive their resources, sign up for free Jewish stories and CDs sent to your child throughout the year. The Shalom Sesame series also has wonderful books explaining holidays to children, like *I'm Sorry, Grover: A Rosh Hashanah Tale*. Finding fun stories helps bring the holidays to life for young children.

Another fun activity you can associate with the holidays is apple picking. Pairing this fun fall activity with Rosh Hashanah can spark a discussion on the significance of why we eat apples dipped in honey on Rosh Hashanah. Create a *tzedakah* box or make a clothing donation and bring your kids along to explain where it goes and why we do it. Decorate New Year cards to send to family as a wonderful personal way to wish those near and far a *Shana Tova*. *Tashlich* is another meaningful way to help children understand the significance of the holiday. Additionally,

attending the many kid-friendly services that Valley Temple offers is a wonderful way for children to find a deeper meaning to the holidays, while creating lasting connections with other Jewish children. My hope is that Judaism is important to our children, not because we tell them it is, but because they want it to be, and this time of year is a wonderful place to start.

*Robyn Friend*

Robyn Friend  
Director of Education



## RELIGIOUS SERVICES CONTINUED

### TUESDAY, SEPTEMBER 18 – EREV YOM KIPPUR

8:00 p.m. – Kol Nidre Service

### WEDNESDAY, SEPTEMBER 19 – YOM KIPPUR

9:00 a.m. – Family Service

10:15 a.m. – Tot Service

10:45 a.m. – *Mishkah HaNefesh* Service

Morning Torah Portion: Deuteronomy 29:9-14; 30:11-20

2:45 p.m. – Afternoon Service

Afternoon Torah Portion: Leviticus 19:1-4; 9-18, 32-37

4:15 p.m. – *Yizkor*/Concluding Service

### FRIDAY, SEPTEMBER 21, 7:30 p.m.

Shabbat Service

Music: Marilyn Zelcer & Bob Pollack

### SATURDAY, SEPTEMBER 22

9:30 a.m. – Torah Study

10:30 a.m. – Shabbat Service

Torah Portion – *Haazinu*, Deuteronomy 32:1-52

### SUNDAY, SEPTEMBER 23 – EREV SUKKOT

6:00 p.m. Sukkot Decorating and Dinner

7:00 p.m. Sukkot Service and Campfire

Music: David Snyder

### MONDAY, SEPTEMBER 24 – SUKKOT

9:00 a.m. Sukkot Festival Service

### FRIDAY, SEPTEMBER 28, 7:30 p.m.

Shabbat Service

Music: Charlene Gubitz

### SATURDAY, SEPTEMBER 29

9:30 a.m. – Torah Study

10:00 a.m. – Tot Service

10:30 a.m. – Shabbat Service

Torah Portion: *Chol HaMo-eid Sukkot*, Exodus 33:12-34:26

### SUNDAY, SEPTEMBER 30 – SIMCHAT TORAH

7:00 Simchat Torah Service

Music: Charlene Gubitz



# PRESIDENT'S MESSAGE

Laura Lobar

“We are sustained by love and kindness; comforted in time of sorrow; found happiness in our homes and gladness with our friends. We lift up our hearts in thanksgiving, as the new year begins.”

– *The New Union Prayer Book*

Each year we look back and assess what we could have repeated and done differently. Lucky for us, we get the chance to do this activity twice, the secular New Year and Rosh Hashanah. This is an opportunity to allow us to forgive others as well as ourselves and to make resolutions.

In the world of fun facts, the success rate for people following resolutions is 8%. Maybe we need to adjust our perspective, and no, this is not a get out of jail free card, merely a different route to achieve our goals. Why don't we sub out the word “resolution” for “want.” What do I want to accomplish this year?

Let me introduce some more fun facts. Friendship has overwhelming benefits for our emotional health and is very empowering. Friendships help us with the aging process, building a circle of friends makes up happy and happiness is contagious, these all increase our ability to achieve our goals.

Ever notice how recharged we are after a vacation? That little respite in time to step off the world, take a breath, look around and enjoy your surroundings, taking pleasure of being in the moment, meditate, and seeing friends. Stay-cations allow us this time to refresh and reset. If you were to mark your calendar for two hours of an amazing stay-cation to refresh and reset, you will look forward to those two hours each week. Friday nights at Valley allows for such a stay-cation and once you start, you

will want to continue this amazing treat for yourself.

This Rosh Hashanah allows us time to do all of the above. As we come to celebrate the holidays, we spend a great deal of time catching up with our community and rekindling the many friendships we have at Valley. We once again realize the strength and importance of those bonds. The smiles and happiness warms our hearts. The love and energy we receive and more importantly share, repeatedly.

When we sit in the service and listen there is much to learn in the repetitiveness of the prayers, the comfort it provides with being home and being in the moment. It also allows us to drift over the past and think about how we want to shape our forthcoming year. Looking around and seeing our friends, our support system, provides a quiet, positive energy of allowing us to wipe the slate clean to choose what we want most out of this year.

These incredible opportunities are provided to us from the strong leadership we have here at Valley. We are so fortunate to have such amazing resources: Rabbi Sandford Kopnick; our new Director of Education, Robyn Friend; Rabbinic Intern, David Reinhart; HUC Fellow, Alicia Harris; this summer, HUC Fellow, Taylor Poslosky; and Rabbi Judy Spicehandler. These incredible people lead us into this year with their insights and perspectives through sermons and education.

This year, I want to begin with an apology to my many friends at Valley if I have wronged you in any way, I do hope you can find a way to forgive me. My want is to be able to strengthen my friendships with each of you. If I already know you, I look forward to reconnecting; so if we haven't met yet, I look forward to meeting you, please come and introduce yourself. I wish everyone a very happy, healthy, peaceful New Year.

*La shana tova, tika tavu.*

Laura Lobar  
President, Board of Trustees



## Collect for Homeless Women

Homeless women and girls need bras and feminine hygiene supplies. It's so easy to help!

No one should have to choose between a meal and a maxi pad! Help provide women and girls with dignity, increased self-esteem, and improved personal health and hygiene by donating your gently used and new bras and sealed feminine hygiene products

Valley Temple Sisterhood (and anyone who wants to) is supporting the Women of Reform Judaism Central District Mitzvah Project by collecting for this program, Support the Girls. Bring donations and spread the word about this grass roots initiative. Collection through October 31. Contact Jan Goldstein with questions or to help.

## Mahjongg

September 16, 1–3 p.m. at Susan Hoffheimer's house

Please RSVP to the hostess so we have the correct number of games and chairs. We want to play with the 2018 card, which will be good until March 2019. You can get one from Amazon or [www.nationalmahjonggleague.org](http://www.nationalmahjonggleague.org).

# HIGH HOLY DAY INFORMATION

## 5779/2018



*Contemporary Musical*

### **ROSH HASHANAH EARLY SERVICE**

*with the Friday Night Live Band*

**SUNDAY, SEPTEMBER 9  
6:00 p.m. AT THE TEMPLE**

MUSICAL • INFORMAL • CREATIVE.

### **Food Drive Benefits Valley Interfaith Community Resource Center**



Bring non-perishable food items in a paper shopping bag to the Temple between Rosh Hashanah and Yom Kippur to help feed the hungry. The custom is to bring a day's worth of food for everyone in your household. Help us fill the lobby (and the shelves of the Valley Interfaith Community Resource Center) with bags of food! Volunteers will be needed to help deliver the food to VICRC on Thursday, September 20 at 4 p.m.

As we fast, others may eat ...

### **Family Services**

**Rosh Hashanah and Yom Kippur Mornings  
at 9:00 a.m.**

This service is geared for school-aged children through *Bar/Bat Mitzvah* and their families. A special prayer book, a mix of contemporary and traditional music, a story-sermon, and a full Torah service combine to create our kid-friendly service. A highlight of the morning is the family blessing, or what Rabbi Kopnick refers to as "hugging time."

### **Tot Services**



**Rosh Hashanah and Yom Kippur Mornings  
at 10:15 a.m.**

Latke, Applesauce and the whole gang of Tot-Shabbat puppets join Rabbi Kopnick and Charlene Gubitz on Rosh Hashanah and Yom Kippur mornings at 10:15 a.m. in the Atrium Room for our lively Tot Service. Geared for those ages 0-6, the Tot Service has a lot of music, a story, and some basic High Holy Day themes.

### **Cemetery Services**

**Sunday, September 16**

Rabbi Kopnick will lead a brief memorial service on Sunday, September 16 at the Montgomery, Walnut Hills, and Shachnez/Judah Torah United Jewish Cemetery locations:

**Montgomery at 10:00 a.m.**

**Walnut Hills at 11:00 a.m.**

**Shachnez/Judah Torah in Price Hill at 12:15 p.m.**

These services provide our members with an opportunity to honor the memory of beloved family and friends. After the brief service toward the entrance of the cemetery, Rabbi Kopnick joins families at individual gravesides to say *Kaddish* together.

## **New Members Are Always Welcome!**

Do you know someone new to the community or who is unaffiliated?

Call Rabbi Kopnick or Wendy at the Temple office so that we can invite them to share our High Holy Day services.

If it's time to affiliate, it's time to join Valley Temple!

## SUSTAINING THE GENERATIONS

We gratefully acknowledge the following contributions:

### RABBI'S DISCRETIONARY FUND

In memory of Fern Kopnick;

*from Ron & Alice Weitzenkorn, Phyllis Bossin & Dr. Robert Strauss*

In memory of Jack Kopnick;

*from Nancy Neiman, Andrew & Sue Spohr, William S. Magnus, Rabbi Judy Spicheckler, Judy Levy, Jeff and Linda Lazar, Ida Schwartz, Randi Solomon*

In memory of Jack and Fern Kopnick;

*from Marilyn Randman, Jeff & Laurie Marks, Buz & Barb Stewart, Marilyn Randman*

### SEINSHEIMER MUSIC FUND

In memory of Fern Kopnick;

*from Sam & Laura Lobar, Jon & D'Shon Shapiro*

In memory of Jack Kopnick;

*from Robert Weil, Jeff & Kathy Schlaeger, Eff Creative Group, Don & Bernice Pollack, Jennifer Mackey and Shao Wu Ma, Donna Goodman*

In memory of Jack and Fern Kopnick;

*from Jeff & Sue Pliskin, Joe Congress; Orin, Marcia & Dennis Reynolds; Aaron, Monna, Errol & Elliot Shifman; Robin, Andy, Marc & Bryan Mandell; Glenn & Marion Derringer*

In memory of Adrian Gendell; *from Rusty & Renee Frankel*

In memory of Jonathan L. Harris; *from Irving & Selma Harris*

In memory of Saul Schottenstein; *from Irv & Selma Harris*

In honor of birthday of Dolph Berman; *from Jane Meranus*

In honor of birthday of Dolph Berman;

*from Alan & Harriet Lazarus*

In memory of Florence Goodman; *from Donna Goodman*

### CAMP SCHOLARSHIP FUND

In memory of Jack Kopnick;

*from Rabbi George Barnard, Mark & Ellen Kovacic, Craig & Debra Hoffheimer, Minette Hoffheimer, Stuart & Rica Hodesh, Steve & Cheryl Hecht*

In memory of Jack and Fern Kopnick;

*from Gerry & Sally Korkin; Robin, Andy, Marc & Bryan Mandell; Lisa Fox*

In memory of Art Simons; *from Stuart & Rica Hodesh*

### CONGREGATIONAL CARE FUND

In memory of Anne Siegel; *from Mark & Ellen Kovacic*

In memory of Jack Kopnick; *from David & Sharon Feldstein*

### JANE MUNICK MEMORIAL GARDEN FUND

In memory of Herman Wasserman; *from Ken & Diane Mitman*

### BRYNA SCHWARTZ MEMORIAL ONEG & HOSPITALITY FUND

In honor of birthday of Alan Schwartz; *from Judy & Marty Young*

# THANK YOU

Thank you to Andy and Alex Spohr and Jon Hoffheimer  
for their great work on our grounds.

Thank you to Sharon Feldstein and Peggy Barrett  
for taking such good care of our landscape.

Thank you to Jenny Broh for the great job  
she did polishing our ritual silver.

## MISHEIBERACH

Dr. Joan Reckseit

Bernice Blatt

Barry Essig

Barbara Swift

Evelyn Essig

Sam Lobar

## OUR SYMPATHY

Diane and Ken Mitman on the death  
of their daughter-in-law, Brooke Rehtin

## SPONSORING AN ONEG SHABBAT

Help us continue our lovely tradition of providing delicious "goodies" at our Oneg Shabbats (the reception following services). These "onegs" are wonderful ways to celebrate the joy of the Sabbath, schmooze with members, meet new people and have a "nosh." Please help us maintain this tradition by calling Wendy at the Temple office for more information, or to say that you will sponsor an oneg. It can be in honor of a loved one, a special occasion or just because!

Our thanks for sponsoring a recent oneg, a wonderful way to celebrate the joy of the Sabbath.

- Alan and Dina Stein in honor of their grandson, Matthew Enneking, becoming a *Bar Mitzvah*
- Bill and Rita Clark in honor of their grandson, Jacob Clark, becoming a *Bar Mitzvah*
- Sam and Laura Lobar and family in memory of Sidney Lobar and Bill Levenson

# COME LEARN WITH US



Watch your mail for the  
**Fall Adult Education Brochure**

## SEPTEMBER BIRTHDAYS

Keith Pennix	09/03	Amanda Stein	09/18
Charles Vordenberge, III	09/03	Matthew DelMauro	09/18
Sarah Sawin	09/04	Brian Cusack	09/18
Ronn Mervis	09/04	Ryan Gunyan	09/19
Martin Schrager	09/06	Sam Mantell, III	09/21
Zola Makrauer	09/06	Meryl Goldman Morris	09/21
Amy Frank	09/07	Kelli Gleiner	09/21
Neil Kravitz	09/07	Tony Capurro	09/22
Dolph Berman	09/07	Lucy Schrager	09/22
Donald Dornheggen	09/08	Sarah Weiss	09/22
Stephanie Kaufman	09/08	Parker Levinson	09/23
Anne Straus	09/09	Aron Schneider	09/23
Pamela Geller	09/09	Zoe Codd	09/23
Elaine Rosin	09/11	Mark Sass	09/23
Wendy Walsh	09/12	Donna Levi	09/24
Jay Levinson	09/13	Barry Pinsky	09/24
Jerry Newfarmer	09/13	Debra Hoffheimer	09/25
Nicole Menkhous	09/14	Annaliese Levy	09/26
Charles Frank	09/14	Sallie Berg	09/26
Alex Levinson	09/15	Susan Kahn	09/26
Joshua Weikel	09/15	Ezra Gleiner	09/26
Aaron Levy	09/16	Joel Shulman	09/27
Bruce Walker	09/16	Sarah Mather	09/28
Emily Ehrle	09/17	Sam Hecht	09/29
Nathan Berman	09/18	Ellen Siegel Kovacic	09/30

## SEPTEMBER ANNIVERSARIES

Craig & Debby Hoffheimer	09/02/1972	Emily & Adam Brown	09/13/2011
Sandford & Nancy Kopnick	09/02/1990	Jan Goldstein & Chuck Frank	09/15/2007
Mark & Robin Miller	09/02/2001	Dolph & Nancy Berman	09/16/1961
Phyllis Bossin & Rob Strauss	09/04/2011	Dave & Amanda Katz	09/17/1989
Julian & Carol Magnus	09/04/1956	Ben & Karen Rosenfield	09/17/2000
Karen & Joe Frecker	09/05/1999	Dorian & Cindi Naveh	09/22/2000
Leah & Steve Joos	09/05/2009	Bill & Barbara Klein	09/24/1972
Amanda Stein & Tom Enneking	09/07/2003	Randi & Brian Kaplan	09/25/2005
Dr. Charles & Barbara Pierce	09/11/1994		

# Sukkot Celebration

**Sunday, September 23**

**Decorate the Sukkah, Dinner & Service | Dinner - 6:00 p.m. • Service - 7:00 p.m.**

**Dinner – \$10.00 - adults and children 12 and over; \$5.00 - children 3-11**

**Please bring fruits and vegetables to help decorate the Sukkah!**

NAME(S) of those attending \_\_\_\_\_

\_\_\_\_\_ # of adults and children 12 and over @ \$10.00      \_\_\_\_\_ # of children age 3-11 @ \$5.00

\_\_\_\_\_ # of children under 3 (free)      TOTAL AMOUNT FOR SUKKOT: \_\_\_\_\_

Please let us know if you need a veggie meal or have other dietary restrictions: \_\_\_\_\_

**SUKKOT Morning Service • Monday, September 24, 9:00 a.m.**



145 springfield pike  
wyoming, oh 45215

NON PROFIT ORG.  
U.S. POSTAGE  
PAID  
CINCINNATI, OHIO  
PERMIT NO. 2333

ADDRESS SERVICE REQUESTED

Sandford R. Kopnick, Rabbi  
Solomon T. Greenberg, Rabbi Emeritus  
Wendy Walsh, Temple Administrator  
Robyn Friend, Director of Education  
Laura Lobar, President  
Allison Schneider, President, Women of Reform Judaism  
Jeff Schlaeger, President, Men's Club

513-761-3555  
WEBSITE: [www.valleytemple.com](http://www.valleytemple.com)  
E-MAIL: [wendy@valleytemple.com](mailto:wendy@valleytemple.com)  
or use links at [valleytemple.com](http://valleytemple.com)

# Summer Fun with Valley Temple



Annual Picnic in Sharon Woods

GUCI First Session



GUCI Second Session

